



35TH ANNIVERSARY

Providing excellent palliative care
to our community for 35 years.

Spring Report

RESIDENCE & COMMUNITY PROGRAMS



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Manager

Welcome Spring!

Seasons change, and so do we. We are very proud to continue to provide high quality hospice palliative care to those who are dying and bereaved within our Barrie & area community. This year, in addition to our active residential, community & bereavement programs, we have also seen a marked increase in the number of referrals looking for complex bereavement support. Complex grief results when deaths are traumatic or unexpected. Our community has seen a significant increase in deaths by suicide, COVID-19 isolation and substance use causing death. We are constantly evolving to increase our capacity and support those in need. This year, we educated over 300 health care providers and volunteers by providing "Bereavement 101/102" sessions. As well, we have expanded our services to serve the Innisfil area by providing bereavement groups at Rizzardo Health Centre.

If you or anyone you know would benefit from bereavement support, please reach out to us on our website www.hospicesimcoe.ca, or call our Community Programs location at 705-725-1140.

Thank you for being our ambassadors and supporters!
Kelly Hubbard, Executive Director

Residence

Hospice Simcoe Residential Update

Tammy Pollard, Residential Care Manager

Our 10-bed residence provides end-of-life care for those in our community who are living with a life-limiting illness.

- This year we provided care to 255 residents and the average length of stay for our residents was 11 days
- 73% of our residents had a cancer diagnosis and 27% of our residents had a non-cancer diagnosis
- Our team of Registered Nurses (RNs) and Registered Practical Nurses (RPNs) provided 17,865 hours of 24/7 care. Our team of Personal Support Workers (PSWs) provided 4,328 hours of care and Spiritual Care support provided 1,883 hours of support to residents and families
- 5 of our RNs received the Canadian Nurses' Association designation in Hospice Palliative Care (CHPCN)
- PSW students, from Georgian College, were mentored throughout the year by our clinical team for a total of 900 hours
- RNs and RPNs have participated in Learning Essential Approaches to Palliative Care (LEAP), Comprehensive Advanced Palliative Care Education (CAPCE) and D'Souza's Advanced Pain Assessment and Management Courses
- 7 Clinical team members attended the Hospice Palliative Care Ontario Conference

Community

Community & Bereavement Support Update

Teneal Campbell, Community Support Programs Manager

It has been another busy year for our Community & Bereavement Programs. Our devoted team of social workers and volunteers have continued to support clients one-on-one and through group programming, while also expanding to meet the needs of our community.

Highlights of this past year include:

- Nearly 700 individuals supported, with over 3,000 visits documented
- Over 200 group sessions provided, reaching approximately 1,200 individuals
- 35 volunteers donated over 1,500 hours to Community Programs
- 25 volunteers donated 1,300 hours to Bereavement Programs
- 6 active volunteers supported over 30 bereaved children

Innovative programming:

- Program expansion to Innisfil including the first ever Dying Matters event held in Sandy Cove and the first bereavement group held at the Rizzardo Health Centre
- Bereavement education provided to over 300 health care workers and volunteers
- Community 'Death Cafe' events to grow awareness around Advance Care Planning, dying, bereavement and to destigmatize conversations about death

Volunteers

Volunteer Update

Connie Devlin, HR Manager



This year we celebrate Hospice Simcoe's 35th Anniversary. It was the compassion of members of our community that came together so many years ago to create the services of Hospice Simcoe. Several of those community members are still connected and volunteering with Hospice Simcoe today!

April is when we celebrate and recognize our 180 Volunteers during National Volunteer Week. This year's theme is, "Volunteering Weaves Us Together".

OVER THE PAST YEAR, OUR VOLUNTEERS HAVE DONATED THEIR TIME IN THE FOLLOWING AREAS:

✓ Visiting Hospice Services:
1,428 hours

✓ Maintenance, Decorating & Gardening:
380 hours

✓ Residence, Kitchen & Reception:
7,571 hours

✓ Admin Support, Board of Directors:
2,385 hours

✓ Bereavement Support:
1,313 hours

✓ Fundraising Events & Support:
530 hours

All of our volunteers are unique in their gifts and what they bring to their volunteer role.

This year we are honouring the following volunteers:

HPCO, June Callwood Outstanding Hospice Volunteer Award Recipient: **Judy Odlozinski**

Ontario Service Awards: **Laura Keys, Sandy McConney, Anna Scott, Beth Shervington and Eva Zaleski**



HIKE

FOR HOSPICE

Presented by:  Adams Funeral Home
& Cremation Services

Your community's trusted funeral provider

Join us this year for our annual Hike for Hospice on Sunday, May 7th

Get ready to HIKE with us...

Our annual Hike for Hospice, presented by Adams Funeral Home & Cremation Services takes place on Sunday, May 7th at 10:30am. Gather your team of friends and family and join us at Sunnidale Park as we remember loved ones, spend time with friends and raise funds for Hospice Simcoe. We look forward to seeing you there!

To register or donate, visit:
www.hospicesimcoe.ca



Fundraising

Fund Development Update

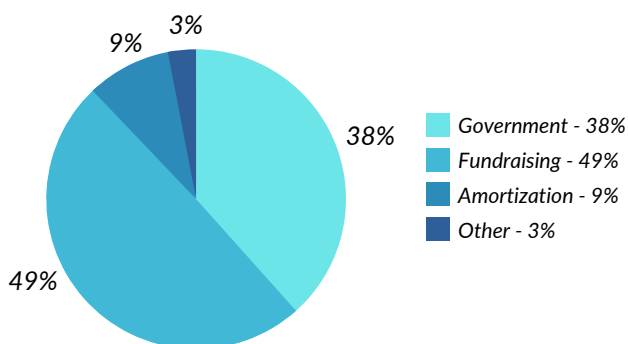
Marilyn Guest, Fund Development Manager

As we celebrate 35 years of providing hospice care, we pause to consider the thousands of people we have served. And, thanks to the incredible generosity of our donors, we are able to provide these services at no cost. However, this means that we rely on fundraising for more than 50% of our operating budget, or approximately \$1.3 million annually.

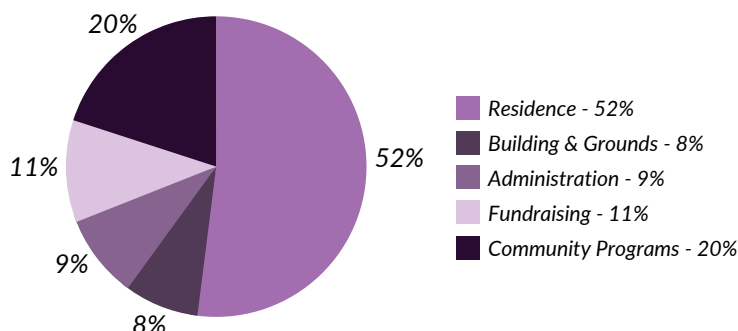
We are very thankful for the numerous gifts we receive in memory of a loved one, for our monthly donors, for gifts of stock, shares, and bequests and for those who support our events and host 3rd party fundraisers during the year. Every single donation, big or small, is appreciated and allows us to continue to offer all of our programs and services to an increasing number of people in our community.

- If you are interested in hosting a 3rd party event, or volunteering on our Event Committee, please contact Marilyn Guest at marilyn@hospicesimcoe.ca or Jackie Fox at jackie@hospicesimcoe.ca
- If you are able, please consider a donation to Hospice Simcoe.
You can contact us at 705-722-5995 or donate online at www.hospicesimcoe.ca

REVENUE BY SOURCE



EXPENSES BY PROGRAM



STAY IN TOUCH

We invite you to stay in touch with us through our social media outlets and newsletter. If you are not a subscriber and would like to be, please reply to info@hospicesimcoe.ca and we'll add you to the list.



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COMMUNITY SUPPORT

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www.hospicesimcoe.ca

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