

HOSPICE SIMCOE-SEASONS CENTRE PRESENTS:

Navigating Comfort and Care Information Fair

After being diagnosed with a terminal illness you may not be sure where you and your family can turn to for support.

Join us every third Thursday of the month
DROP-IN 1:00 - 3:00pm at 130 Bell Farm Road
to gather information about the following topics:

What is Advance Care Planning?



*What Resources
are Available in
my Community?*



*How
can I Support
Children and Teens?*



*What Supports
are Available
for Caregivers?*

*What Programs and
Services are Available
at Hospice Simcoe-
Seasons Centre?*



*How Can
I Cope with
my Grief?*



Navigating Comfort & Care

Drop-in and learn more about t



What is Advance Care Planning?

Start the conversation about your future health care with guidance from professionals who understand Ontario's legal and medical frameworks. We'll help you understand Advance Care Planning, substitute decision-making, and how to document your wishes with confidence.



What Resources are Available in my Community?

Discover the wide range of in-home services available through home and community support services locally — from nursing and personal support workers to caregiver respite. These services can help you stay safely and comfortably at home while receiving the care you need.



How can I Support Children & Teens?

Whether the loss is impending or has already occurred, losing someone you care about can be devastating and can drastically impact one's life, particularly for children and teens. Hospice Simcoe-Seasons Centre can help by offering individual peer support for the children and teens across Simcoe County.

*Hospice Simcoe-Seasons Centre
Staff and Volunteers are here
to guide & support you.*

the services in your community.



What Supports are Available for Caregivers?

Caregiving for someone with a terminal or life limiting illness? Learn about local resources including a weekly support group that gives caregivers the opportunity to share their stories, while receiving support from other group participants and our facilitators.



What Programs & Services are available at Hospice Simcoe-Seasons Centre?

Hospice Simcoe-Seasons Centre provides in-home palliative care that supports individuals and families with physical, emotional, and spiritual needs. Come meet our teams and learn how we can improve your comfort and quality of life at home.

When staying at home is no longer possible, residential hospice offers 24/7 care in a peaceful, home-like setting. Tour our local hospice residence in Barrie and find out how to access this compassionate care.



How can I Cope with my Grief?

Learn about grief support, peer groups, and memorial services available in Barrie with Hospice Simcoe-Seasons Centre.

**Free Parking at 130 Bell Farm Road, and Barrie
Transit bus route 8A stops at our driveway.**

Wheelchair and walker accessible.

Light Refreshments will be provided.

Common Questions...

- *Diagnosed with a life limiting illness - now what?*
- *What services are available and where do I turn?*



HOSPICE SIMCOE - RESIDENCE

336 Penetanguishene Rd., Barrie, ON L4M 7C2 T: 705 722 5995 | F: 705 722 0716

HOSPICE SIMCOE - COMMUNITY SUPPORT

130 Bell Farm Rd., Unit 1, Barrie, ON L4M 6J4 T: 705 725 1140 | F: 705 725 1710

SEASONS CENTRE FOR GRIEVING CHILDREN

38 McDonald St., Barrie, ON L4M 1P1. T: 705 721 5437



Barrie and Area
Ontario Health Team

www.hospicesimcoe.ca | www.grievingchildren.com

Registered Charity # 134433234 RR0001