









Our report to
the community

Hospice Simcoe 2017 – 2018 Highlights

A Note from Kelly Hubbard, Executive Director

I am so pleased with all we have accomplished! We have served the greatest number of individuals this year and expanded many of our programs. We have an incredible community of people who provide volunteer time and much needed donated funds. We are forever grateful and humbled by the support Hospice Simcoe receives to care for the dying and bereaved. We have an amazing group of employees who strive to live our mission, vision and values daily. Their collaboration and leadership allows Volunteers to feel engaged and valued throughout all of our programs and services.

Residential

- We provided care to 275 residents this year in our residential facility;
- The average length of stay for our residents was 9.5 days;
- 76% of our residents had a cancer diagnosis and 24% with a non-cancer diagnosis;
- Nurses have provided 17,878 hours of 24/7 care with 4,149 Personal Support Worker (PSW) hours;
- This year we implemented the position of Spiritual Care Coordinator to our clinical team, which has helped to
 provide additional care to our residents and their families through psychosocial spiritual support;
- We have partnered with the Trillium Gift of Life for eye enucleations (surgical procedure) for transplants and research initiatives;
- The "Hospice Hearts" clinical team raised over \$7,000 in donations for the "Hike for Hospice";
- Our Medical Director, Dr. Brian Morris, received an Award of Excellence for his leadership and dedication in the delivery of palliative care from the Ontario College of Family Physicians.

Community

- We received 95 referrals for our Visiting Volunteer program this past year; totalling 424 visits from our volunteers;
- We support individuals/families through intake, consultation, phone support, system navigation, advocacy, information sharing and/or volunteer matching;
- Support by the volunteers is provided in various ways and may include: companionship with a listening ear, legacy work, sharing hobbies, and respite for caregivers;
- This past year we have expanded our Living Well Day Support Group facilitated by trained volunteers;
 - This program provides participants, with a life limiting diagnosis, to gather together in a safe space and find support in a group setting, while also allowing the caregiver some respite;
 - We have had a variety of facilitators join us including local dieticians, massage therapists, artists and singers, to name a few;
 - The group allows the opportunity to connect with others going through a similar situation through a unique support group format.

Bereavement

- We completed 115 new client intakes for bereavement support;
- Our 1:1 peer support program grew to involve 21 specially trained bereavement volunteers providing support for bereaved clients.
- Five 8 week bereavement support groups were offered with 58 participants served;
- Two Coffee Talk groups facilitated by experienced volunteers meet weekly throughout the year and serve approximately 13 clients weekly;
- A Paediatric Memorial service, partnering with Season's Centre for Grieving Children and Candlelighters of Simcoe County, was held by the waterfront in Barrie with 60 people in attendance;
- Two Memorial services were held with an average of 80 attendees each;
- Bereavement groups such as Yoga for Grief Relief, Meditation/Movement/Mindfulness for Grief, the Book Club, and the Walking Group continued this year, with an increase in participants;
- · A new bereavement support initiative, Music for Grief, was developed this year;
- We hosted a "Good Grief" workshop where over 80 volunteers, staff and community partners gained valuable and practical ideas to talk with children about dying and death.

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Volunteers

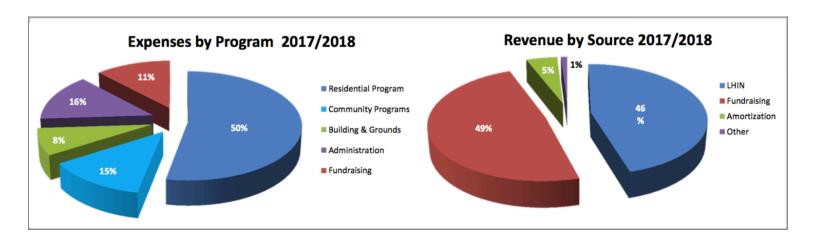
- 192 volunteers donated 19,128 amazing "gifts of time" supporting families and their loved ones;
- Volunteer hours broken down into the various areas are as follows:
 - o Home Visiting Service 1,033
 - o Residential Client Care and Therapies 4,158
 - o Reception Team 2,345
 - o Residential Kitchen 3,433
 - o Bereavement service 2,267
 - o Fundraising 1,162
 - Administration 1,059
 - o Maintenance, decorating and gardening 304
 - o Board of Directors, training/education, awareness made up the remaining hours

We value and appreciate the work of the entire Volunteer team and as a reflection of their work we have honoured:

- HPCO, June Callwood Outstanding Hospice Volunteer Award: Margaret Kennedy
- Ontario Service Award: Johanna Columbus, Heather Cox, Wendy deGravina, Sharon Dangerfield & Mari Lafleur
- Ontario 150 Volunteer Excellence: Sandi Porter
- Order of the Spirit Catcher Award: Erica Curtis

Fund Development

- Each and every year, we must raise approximately \$1 million for our daily operations (furniture, equipment, over the counter medications, food, heat, hydro, building maintenance, administration, etc.). We are so grateful to the very generous donors and supporters that make this happen so we can provide all of our programs and services at no cost.
- All phases of the construction from our 2015 Hummingbird Capital Campaign are now complete. Our new
 parking lot, garden/green spaces were completed in the summer of 2016 and our new 'patio' at the west door
 and pathways that join everything together were completed in the summer of 2017. Please stop by and have a
 look. We are so grateful for the community support that allowed us to do this beautiful outdoor project.
- Our annual Hospice hosted fundraising events; the Gala, Hike for Hospice, Dish for Hospice and Golf for Hospice continue to be successful and very well attended. We are very fortunate to have our event planning volunteers who give their time and talents to ensure the events' success.
- Donations for our Annual Appeal were the highest on record in 2017 and the proceeds from our Third Party Events also proved very successful in 2017.
- We are very thankful for the numerous gifts we receive in memory of a loved one, for our monthly donors, for
 gifts of stock, shares and bequests and for those who contribute in other ways such as in–kind gifts. Every single
 donation, big or small, is appreciated and allows us to continue to offer all of our programs and services to an
 increasing number of people in our community.



Hospice Simcoe Board of Directors 2017/2018

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Don Gregor, Vice Chair
Andrew Matthews, Treasurer
Carolyn Moran, Secretary
Chris Nichols, Past Chair
Kelly Hubbard, Executive Director

Val Bennett Simone English Rachel Kean Shane Mayes Amber Sperling Kim Uppal

"I've learned how to really live through working with hospice clients, and that's what has drawn me to stay with Hospice Simcoe." - Volunteer

"What you do in this incredibly special place is beyond words and thoughts.

Thank you from our hearts to each and every one of you. You've made the heartbreak and pain of loosing a parent a little easier with your compassion and care." - Family Member

"Hospice has been the most peaceful place I've been in since my dad died."
- Bereavement Client



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